

# FREE FINANCIAL EDUCATION SEMINAR FOR KOREAN COMMUNITY

*Do you or someone close have money worries and/or understand why they have money worries?*

*Do you or someone close just don't know where to get help but would like to seek professional help?*

## Topics

- Financial health assessment & learn about money management skills.
- Look at different types of money issues such as expenses, spending, savings, budgeting, loans & credit cards.
  - Explore reasons for getting into financial problems & debts.
- Understand the underlying mental health issues related to money management issues. (Depression, Anxiety, Stress)
- Learn about the services available when dealing with money issues.

**Dates:** Wednesdays 15th July 2015 & 22nd July 2015 (total 2 sessions)

**Time:** 9.30 am – 12 pm (Registration : from 9am)

**Venue:** Woodstock Community Centre (Conference Room on 2nd floor)

**Address:** 22 Church St. Burwood (10 minutes' walk from Burwood Station)

**Speakers:** Elizabeth Lee (Bi-Lingual Financial Counsellor)

Sarah Pak (Counsellor, Mental Health Social Worker)

Marcus Lee (Solicitor)

**RSVP :** Australian Korean Welfare Association (AKWA)

9718 9589, 0430 559 589 (Text)

[info@koreanwelfare.org.au](mailto:info@koreanwelfare.org.au), [www.koreanwelfare.org.au](http://www.koreanwelfare.org.au)

**The two sessions are delivered in Korean and free refreshment provided**

